

Eric's RESTAURANT & BAR BREAKFAST

HEALTHY START & CEREALS

OATMEAL ⑤ 9
WITH BROWN SUGAR & DRIED FRUIT

TROPICAL GREEN SMOOTHIE ⑤ GF 9
WITH PINEAPPLE, MANGO, SPINACH, ALMOND MILK, FRESH CARROTS, ALMONDS AND FLAXSEED

YOGURT PARFAIT ⑤ 9
GREEK YOGURT WITH FRESH BERRIES AND HOUSE-MADE GRANOLA

PROTEIN POWER BOWL ⑤ GF 14
QUINOA, SPINACH, PETITE TOMATOES, POACHED EGGS AND HOLLANDAISE SAUCE

FRUIT & FRESH BERRIES PLATE ⑤ GF 12
SLICED MELON, HONEY DEW, WATERMELON AND SEASONAL BERRIES

AVOCADO TOAST ⑤ 15
7 GRAIN TOAST, GRAPE TOMATOES, ENGLISH CUCUMBER AND POACHED EGGS TOPPED WITH PICKLED ONIONS AND LEMON OLIVE OIL

SMOKED SALMON PLATTER 19
WITH TOASTED BAGEL, RED ONION, CAPERS AND HERB CREAM CHEESE

GLUTEN FREE CEREAL ⑤ GF 6

HOUSE-MADE GRANOLA 8

FROM TEXAS

BREAKFAST BURRITO 17
CHORIZO, SCRAMBLED EGGS, CHEDDAR CHEESE AND POTATOES, WRAPPED IN A FLOUR TORTILLA WITH SALSA ROJA AND FRESH FRUIT

HUEVOS RANCHEROS 18
TWO EGGS ANY STYLE WITH PORK CARNITAS, PINTO BEANS, QUESO FRESCO, AVOCADO, SALSA ROJA AND CORN TORTILLAS

STEAK & EGGS 23
6 OZ HANGAR STEAK WITH TWO EGGS ANY STYLE AND BREAKFAST POTATOES

EGG WHITE FRITTATA ⑤ GF 17
ASPARAGUS, TOMATO, SPINACH, MUSHROOMS, PEPPERS, AVOCADO AND FRESH FRUIT

ON THE SIDE

BREAKFAST POTATOES 5

SMOKED BACON 5

CHICKEN SAUSAGE 6

COUNTRY SAUSAGE LINKS 5

FROM THE GRIDDLE

BUTTERMILK PANCAKES ⑤ 12
STACK OF PANCAKES WITH MAPLE SYRUP AND TRIPLE BERRY COMPOTE

BRIOCHE FRENCH TOAST 14
WITH MAPLE SYRUP, TRIPLE BERRY COMPOTE WITH CHOICE OF SMOKED BACON OR SAUSAGE LINK

COUGAR CROQUE MONSIEUR 16
FRENCH TOAST SANDWICH WITH HAM, SWISS CHEESE AND FRIED EGG SERVED WITH A SIDE OF BREAKFAST POTATOES

BELGIAN WAFFLE ⑤ 15
WITH STRAWBERRIES, MAPLE SYRUP AND WHIPPED CREAM

FROM THE HEN HOUSE

ONE EGG BREAKFAST 11
ANY STYLE EGG WITH CHOICE OF SMOKED BACON OR SAUSAGE LINK, BREAKFAST POTATOES AND TOAST

TWO EGG BREAKFAST 14
ANY STYLE EGGS WITH CHOICE OF SMOKED BACON OR SAUSAGE LINK, BREAKFAST POTATOES AND TOAST

WESTERN OMELET 17
HAM, BELL PEPPER, CHEDDAR CHEESE SERVED WITH BREAKFAST POTATOES

SPINACH OMELETTE 17
FRESH SPINACH, MUSHROOMS, & FETA CHEESE SERVED WITH BREAKFAST POTATOES

EGGS BENEDICT 17
TWO POACHED EGGS ON AN ENGLISH MUFFIN WITH CANADIAN BACON AND HOLLANDAISE SAUCE SERVED WITH BREAKFAST POTATOES

ERIC'S BENEDICT 18
TWO POACHED EGGS ON AN ENGLISH MUFFIN WITH SMOKED SALMON AND HOLLANDAISE SAUCE SERVED WITH SLICED FRESH FRUIT

MORNING REFRESHMENTS

FRESH BREWED COFFEE 3.5

HERBAL HOT TEA 3.5

ESPRESSO 4

CAPPUCCINO 5

FRESH JUICES 5
APPLE, ORANGE AND CRANBERRY