



BREAKFAST

HEALTHY START AND CEREALS

Tropical Green Smoothie   **\$8**
 pineapple, mango, spinach, coconut milk,
 fresh carrots, almonds, flaxseeds

Oatmeal  **\$8**
 served with brown sugar, dried fruit

Protein Power Bowl   **\$13**
 quinoa, spinach, petite tomatoes,
 poached egg, hollandaise sauce

Fruit & Berries Plate  **\$10**

Assorted Cereals **\$5**

Hand-Mixed Granola **\$6**

Yogurt Parfait  **\$8**
 Greek yogurt, fresh berries, granola

Avocado Toast  **\$14**
 7-grain toast, grape tomatoes, English
 cucumber, poached eggs topped with
 pickled onions and lemon olive oil

Smoked Salmon Platter **\$18**
 toasted bagel, red onion, capers,
 herb cream cheese

Mixed Berries  **\$8**

Gluten Free Cereal  **\$5**

SPECIALTIES

Breakfast Burrito **\$17**
 chorizo, scrambled eggs, cheese, breakfast
 potatoes, ranchero salsa wrapped in a flour
 tortilla, served with fresh fruit

Steak & Eggs **\$23**
 NY strip steak, eggs your way, side of
 breakfast potatoes

Huevos Rancheros **\$16**
 pork carnitas, two eggs your way, pinto
 beans, queso fresco, avocado, salsa roja,
 served with corn tortillas

Egg White Frittata   **\$15**
 asparagus, tomato, spinach, mushrooms,
 peppers with avocado & seasonal fruit

 **Made Without Gluten**  **Vegetarian**  **Vegan**

20% Gratuity is added for parties over 8

Hotel parking is validated for up to two hours following meal.

Consumer Advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses.
 Alert your server if you have special dietary requirements.

IRONED & GRIDDLED

- Buttermilk Pancakes**  **\$11**
3 pancakes with maple syrup & triple berry compote
- Belgian Waffle**  **\$12**
with strawberries, maple syrup, whipped cream
- Brioche French Toast** **\$13**
with maple syrup, triple berry compote, side of smoked bacon or pork sausage link
- Biscuit Breakfast Sandwich** **\$13**
biscuit stacked with bacon, egg, American cheese, side of breakfast potatoes
- Cougar Croque Monsieur** **\$15**
French toast sandwich with ham, swiss cheese, topped with a fried egg, side of breakfast potatoes

BREAKFAST SIDES

- Smoked Bacon** **\$5**
- Country Style Sausage Links** **\$5**
- Chicken Sausage Links** **\$6**
- Breakfast Potatoes** **\$5**
- Breakfast Breads** **\$4**
- Fruit Cup** **\$5**

EGGS

- One Egg Breakfast** **\$10**
smoked bacon or breakfast sausage, breakfast potatoes & choice of toast
- Two Egg Breakfast** **\$12**
smoked bacon or breakfast sausage, breakfast potatoes & choice of toast
- Omelet Your Way** **\$15**
smoked bacon, ham, chorizo, sausage, mushrooms, spinach, tomatoes, bell peppers, onions, mozzarella cheese, cheddar cheese, served with breakfast potatoes

MORNING REFRESHMENTS

- Coffee or Hot tea** **\$3**
- Espresso** **\$4**
- Cappuccino or Latte** **\$5**
- Juice** **\$3**
apple, orange, cranberry
- Milk** **\$3**
whole, 2%, almond, soy

 **Made Without Gluten**  **Vegetarian**  **Vegan**

20% Gratuity is added for parties over 8

Hotel parking is validated for up to two hours following meal.

Consumer Advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses. Alert your server if you have special dietary requirements.